

# CHARACTER EXERCISES



Heraclitus  
c. 535 - c. 475 BC

“If I said it once, I must have said it a thousand times. Character *is* destiny.”

## MAKE A LIST OF FAVOURITE CHARACTERS\*

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

*\*from books, comic books, graphic novels, film, TV, real life*

## WHAT QUALITIES DO THESE CHARACTERS/PEOPLE HAVE THAT YOU ADMIRE?

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## WHAT QUALITIES DO THESE CHARACTERS/PEOPLE HAVE THAT YOU DISLIKE?

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**FEARS?** \_\_\_\_\_

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**FLAWS?** \_\_\_\_\_

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**STRENGTHS?** \_\_\_\_\_

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“I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”

—Maya Angelou

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“Make your characters want something right away even if it's only a glass of water. Characters paralyzed by the meaninglessness of modern life still have to drink water from time to time.”  
— Kurt Vonnegut Jr.



## THREE KEY QUESTIONS TO CONSIDER

1. What does this character want?
2. What obstacle(s) stand in their way?
3. What will they do to get what they want?

What do I want? Good Question. The elimination of poverty, a wealth tax, food security, affordable housing, justice, the removal of systemic barriers, less comparison and competition and more community building plus a low maintenance haircut. Too much? Forget the haircut then.



## CREATE A BRIEF CHARACTER PROFILE



How do they spend their time? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



What do they love? Who do they love? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



What is their kryptonite? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



What is their main ambition? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



What is their favourite motto or saying? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Watch your thoughts, they become words; watch your words, they become actions; watch your actions, they become habits; watch your habits, they become character; watch your character, for it becomes your destiny.*