

CHARACTER EXERCISES



Heraclitus
c. 535 - c. 475 BC

“If I said it once, I must have said it a thousand times. Character *is* destiny.”

MAKE A LIST OF FAVOURITE CHARACTERS*

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

**from books, comic books, graphic novels, film, TV, real life*

WHAT QUALITIES DO THESE CHARACTERS/PEOPLE HAVE THAT YOU ADMIRE?

WHAT QUALITIES DO THESE CHARACTERS/PEOPLE HAVE THAT YOU DISLIKE?



FEARS? _____

FLAWS? _____

STRENGTHS? _____

“I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”

—Maya Angelou

CHARACTER EXERCISES

“Make your characters want something right away even if it's only a glass of water. Characters paralyzed by the meaninglessness of modern life still have to drink water from time to time.”
— Kurt Vonnegut Jr.



THREE KEY QUESTIONS TO CONSIDER

1. What does this character want?
2. What obstacle(s) stand in their way?
3. What will they do to get what they want?

What do I want? Good Question. The elimination of poverty, a wealth tax, food security, affordable housing, justice, the removal of systemic barriers, less comparison and competition and more community building plus a low maintenance haircut. Too much? Forget the haircut then.



CREATE A BRIEF CHARACTER PROFILE



How do they spend their time? _____



What do they love? Who do they love? _____



What is their kryptonite? _____



What is their main ambition? _____



What is their favourite motto or saying? _____

Watch your thoughts, they become words; watch your words, they become actions; watch your actions, they become habits; watch your habits, they become character; watch your character, for it becomes your destiny.